



**Fulcrum Point**

Howard Miller

415-642-0843

[howard@fulcrumpointpartners.com](mailto:howard@fulcrumpointpartners.com)

[www.fulcrumpointpartners.com](http://www.fulcrumpointpartners.com)

**Questions Which Cause Shift\***

1. What am I happy about in my life right now? (Or What COULD I BE happy about in my life)...  
What about that makes me happy?  
How does that make me feel?
  
2. What am I excited about in my life right now? (Or What COULD I BE excited about in my life)...  
What about that makes me excited?  
How does that make me feel?
  
3. What am I proud about in my life right now? (Or What COULD I BE proud about in my life)...  
What about that makes me proud?  
How does that make me feel?
  
4. What am I grateful for in my life right now? (Or What COULD I BE grateful about in my life)...  
What about that makes me grateful?  
How does that make me feel?
  
5. What am I enjoying most in my life right now? (Or What COULD I BE enjoying about in my life)...  
What about that do I enjoy? How does that make me feel?
  
6. What am I committed to in my life right now? (Or What COULD I BE committed about in my life)...  
What about that makes me feel committed?  
How does that make me feel?